



TULLOW C.S. ATHLETICS REPORT



LEILA COLFER WINS ALL-IRELAND GOLD IN COMBINED ATHLETICS EVENT

Reporting by: Mr O' Reilly




Leila Colfer 5th year student won the All-Ireland inter girls schools ISAA indoor combined events championship in Athlone on Saturday the 12th November with a brilliant performance. Having won silver last year in the junior girls Leila took the step up an age group in her stride and went one better to win the gold medal for Tullow CS. The competition involves the athletes competing in the long jump, 800m, shot put(3kg), high jump and the 60m hurdles with their scores combined. Leila won the long jump event with her best jump been a super distance of 5.31 meters. She was third in the 800m with a time of 2:25.66 and she was 6th in the Shot Put throwing a very respectful 9.81 meters. She then came fifth in the high jump with a very good score of 1.56 meters. Her final event seen her come 2nd in the 60 meters hurdles losing out to our very own Emily Lawlor in a super race time of 9.07 while Emily was 9.02 as the girls had a photo finish. This gave Leila a final score of 3494 seeing her win overall with second place on 3457. This is a great achievement considering she had to step up an age group after finishing second last year in the junior girls.

This is Leila second All Ireland medal this year having won the inter girls 100 meter final in June. She is flying the flag well for Tullow CS and with two All Ireland medals in the space of a few months this superstar is one to watch for the future.

3rd year student Emily Lawlor also competed and was a very respectful 9th overall considering she is under age again next year and a very special mention to Emily for winning the 60m hurdles given Tullow CS a one two in that event.

21:59



ISAA Indoor Combined Events Final, 12-11-2022

Inter Girls


Long Jump 800m Shot Put (3kg) High Jump 60mH Total

Place	Bib #	Name	PB	Long Jump	800m	Shot Put (3kg)	High Jump	60mH	Total
1	70	Leila COLFER	645	748	517	689	895	3494	
2	69	Meabh O'CONNOR	592	727	541	724	873	3457	
3	77	Amy-Jo KIERANS	606	865	569	523	852	3415	
4	78	Brynja BRYNJARSSON	589	737	458	689	856	3329	
5	73	Annabelle WALSH	487	755	479	759	794	3274	
6	81	Siun QUINN	530	635	388	903	759	3215	
7	71	Ella CAREY	500	692	591	655	735	3173	
8	81	Allison DEMPSEY	522	616	552	689	781	3160	
9	72	Emily LAWLOR	492	648	414	655	906	3115	
10	121	Caoimhe Farrell	514	494	374	759	834	2975	
11	76	Caoimhe BYRNE O'CONNELL	485	640	418	555	860	2958	
12	75	Aoife CALLAN	506	564	510	399	738	2717	
13	79	Ashleigh MCARDLE	466	0	619	655	862	2602	
14	74	Hannah Kate FALVEY	598	0	494	655	852	2599	
15	65	Leonore CHURCH	367	481	372	523	462	2205	
16	66	Lucy CHAMP	310	616	281	429	551	2187	
17	68	Leah HANLEY	231	539	303	429	571	2073	
18	67	Aine GILHOLLY	242	739	238	399	270	1888	

Has left competition:

80	Lara SCOTT	0	0	0	0	0	0	0
82	Camille MADDEN	0	0	0	0	0	0	0

22:00



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Inter Girls

Long Jump 800m Shot Put (3kg) High Jump 60mH Total

60mH

Scheduled: 12:00 Official: 12:08

Heat 1 Heat 2 Heat 3

Heat 1 (status: Official)

Scheduled: 12:00 Official: 12:08

Place	Lane	Bib #	Name	Category	Club	Result	Points	Info
1	4	72	Emily LAWLOR	IG	Tullow CS	9.02	906	
2	6	70	Leila COLFER	IG	Tullow CS	9.07	895	
3	3	69	Meabh O'CONNOR	IG	St Vincents Dundalk	9.18	873	
4	5	76	Caoimhe BYRNE O'CONNELL	IG	Mary Immaculate Lisdoonvarna	9.24	860	
5	7	78	Brynja BRYNJARSSON	IG	Laurelhill CC Lisburn	9.26	856	
6	2	77	Amy-Jo KIERANS	IG	Largy College Clones	9.28	852	
7	1	121	Caoimhe Farrell	IG	Mercy Woodford	9.37	834	

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