



Tullow Community School
In association with Morgan's Medical Hall



ANNUAL 5K & 10K RACES

Sunday 22nd October 2017 11am

SIGN-IN: 9.30 a.m.

All participants must sign in prior to the event at Tullow Community School and collect bib number.

START TIME: 11.00 a.m.

Sunday 22nd October 2017

START LOCATION: The event will start (and finish) at Tullow Community School.

EVENT NUMBER: Numbers will not be posted out and will only be available at sign-in. Every participant must wear their number on the front for the duration of the event.

FACILITIES: Event H.Q. for the day is Tullow Community School.

CHIP TIMING: The event will be chip timed. Each participant will receive a chip integrated into the race number.

WATER STATION: Water will be provided along the route.

SHOWER/CHANGING FACILITIES: Complimentary changing facilities are available on the day at Tullow Community School with a limited number of showers.

REFRESHMENTS: Will be available after the race in the School gym.

Online entry in advance €10.00 for adults, €5.00 for students.
Register on: www.popupraces.ie

€15 for adults on the morning of the race